



PLAY FOR THE PRIZE

TIME OUT - WEEK 9



THEME VERSE

"Everyone who competes in the games goes into strict training. They do it to get a crown that will not last; but we do it to get a crown that will last forever."

~ I Corinthians 9:25~



COACH APPLICATION

This seems to be becoming a lost art in the world of coaching. It is truly a challenge to keep your cool in the face of intense competition, but it is what you as a Christian coach are called to do. Bad calls will happen, kids will test your patience, and parents will always be at your throat; but you are called to "turn the other cheek." Remember that you are in the game to win much more than a trophy, you are in the game to help your players win in life. Keep your eyes on that prize.



PLAYER APPLICATION

SELF-DISCIPLINE

This is one of the most important lessons that you can learn. If you can master self-discipline, then you can master any other virtue. The more self-discipline you have, the easier it is on your coach. When you do not have to fear outside regulation, then you can focus on doing what it takes to reach your goals. Moderation in all things - this has been considered a virtue for thousands of years. Too much of anything is a bad thing - even winning. If you want to win in life, then you must learn self-discipline. The athletic stage is the perfect practice ground for learning this important life lesson.



THE PRIZE

The prize for which you play is much more than a medal or a trophy. You are playing for your life. True winning comes just as much, if not more so off the field of play than on it. Winning and losing in athletics teaches you how to win and lose in life. No matter what the outcome is, you must always keep your head. If you lose your cool, then you could cost your team the game - or it could cost your life. Keep your eyes on heaven, remember that you are called to rise above the mess of this world, remember that you have a team - a family - that will be there for you, and remember that you have a Heavenly Father that will always be there cheering you on in life.



As an athlete, I can be a **role model and **inspire** others.**

Therefore, I promise to...

Live with **integrity on and off the field of play;
Use my talents and gifts to **honor** my team, my family and my faith;
Hold myself **accountable** to a higher standard;
And work to have a **positive impact** on my community.**

-the right choice today athlete's pledge